

**ZONE 1S INVITATIONAL YEAR END CHAMPIONSHIP (AGE GROUP CHAMP MINUS)
PACIFIC SWIMMING SHORT COURSE AGE GROUP CHAMPS MINUS MEET
DECEMBER 8-10th, 2023
Enter Online: <http://ome.fastswims.com>**



SANCTION: Held under USA/Pacific Swimming Sanction No. **23-159**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:
Meet Referee: Mike Piccardo
Meet Marshal: Joan McCallum
Meet Director: Michael Greymont – mgreymont@mhgcg.com 408 891-2948
Head Starter: Trevor Gillis
Admin Official: Debbie Fujii

LOCATION: Dennis Kennedy Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile.

From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents. Neither the City of Morgan Hill, the Morgan Hill Aquatics Center, Zone One South, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

COURSE: Outdoor 25 yard pool with up to 10 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. The Meet Host shall ensure required course dimensions.

TIME: Meet will begin at 09:00 AM each day with warm-ups from 07:30 to 08:45 AM each day. A special warm-up time for 8 and under Athletes only will be held from 08:00 – 08:45 AM both in the instructional pool and 2 reserved lanes in the competition pool. Friday distance events will begin at 5:00PM and warm ups for these events will be from 3:30PM to 4:45PM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may only compete in ONE (1) event for Friday’s distance events, Friday will be capped at 175 Athletes. Athletes may compete in 3 events per day on Saturday/Sunday.
- Coaches will be required to validate their athlete’s time.
- Any Athlete(s) found to have falsified time entries, they shall be disqualified from the meet.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Athletes in the 500 Free and 200/400IM on Friday must have their own timers and/or counters
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- All participants agree to the Zone 1 South Spector Code of Conduct.
- Medical AED Devices are located in 3 stations at the facility. Basic First Aid is available at the check in station by hospitality.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations. Or any other open flame devices.
- All shelters must be properly secured. Do not put stakes into grass areas due to irrigation system.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Areas directly behind the timing area shall be closed and enforced by marshals at the meet. No congregation of parents or athletes shall be allowed. Viewing areas shall be on the sides of the pool deck.

ELIGIBILITY: • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming’s online member registration

before being allowed to swim in the meet.

- Meet is open only to Qualified Athletes from Zone 1 South Clubs. Qualified Athletes who are unattached and associated with a Zone 1 South club are eligible to compete.
- Entered times must be less than an "Age Group Championship" (AGC) time as per Pacific Swimming Time Standard (no Athlete with a AGC time in an event will be allowed to swim that event).
- Entries with "NO TIME" will be ACCEPTED. The only exception is Friday distance, where a certified 'B' time must be entered
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Once the meet is closed, no further updates to times shall be permitted without specific direction from the Meet Referee.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- Athletes 15 and older must have times that are in compliance and slower than the 14 year old time standard.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$4.50 per event plus a \$10.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS.

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Friday, December, 1st 2023.

MAILED: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday November 27th, 2023. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Zone 1 South
Mail entries to: Michael Greymont – Meet Director
409 Tennant Ave #423
Morgan Hill, CA 95037

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Eight places will be awarded in each age group for 8 & U, 9-10, 11-12, 13-14, 15-18 age groups. No awards given for Athletes 19 years of age and older. Note: Individual awards must be picked up during/after the meet, no distribution of awards will occur after the meet, either hand delivery or mail. High Point will be awarded by Gender/By age group.

ADMISSION: Free. A 3 day program will be available for download.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers

MISCELLANEOUS:

- No overnight parking is allowed. Facilities will not be provided after meet hours.
- Clubs will be assigned jobs and timing assignments by the meet director

ORDER OF EVENTS

Friday, December 8th, 2023		
Girls	Event	Boys
1	Open 500 Free	2
3	11-Over 400 IM	4
5	10-Under 200 IM	6

- **Athletes MUST have their own lap counters and/or timers. Watches will be provided.**
 - **A "B" time or a coach certified "B" time to swim distance events is required**
- **Time standards found here: <http://www.pacswim.org/swim-meet-times/standards>**
 - **Athletes may only compete in ONE (1) event for Friday's Distance Events**

Saturday December 9th, 2023			Sunday December 10th, 2023		
Girls	Event	Boys	Girls	Events	Boys
7	13-Over 200 IM	8	37	13-Over 200 Breast	38
9	11-12 100 IM	10	39	11-12 100 Breast	40
11	10-Under 100 IM	12	41	10-Under 50 Breast	42
13	13-Over 100 Fly	14	43	13-Over 100 Back	44
15	11-12 100 Fly	16	45	11-12 100 Back	46
17	10-Under 100 Fly	18	47	10-Under 100 Back	48
19	13-Over 200 Back	20	49	13-Over 200 Fly	50
21	11-12 200 Back	22	51	11-12 50 Fly	52
23	10-Under 50 Back	24	53	10-Under 50 Fly	54
25	13-Over 100 Breast	26	55	13-Over 50 Free	56
27	11-12 50 Breast	28	57	11-12 50 Free	58
29	10-Under 100 Breast	30	59	10- Under 50 Free	60
31	13-Over 100 Free	32			
33	11-12 100 Free	34			
35	10-Under 100 Free	36			

Use the following URL to find the time standards: <https://www.pacswim.org/userfiles/cms/documents/809/aqc-time-std.-scy-2023-2024-rev-9.18.23.pdf>

Pacific Swimming – Hosted by Zone One South
 Zone Winter Championships (Age Group Minus)
 December 8-10th, 2023
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
------------	-----------------	-----------

Age	Date of Birth	Sex M F	LSC – (PC, SN)
-----	---------------	--------------	----------------

USA-#															
-------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

of entries _____ x \$4.50 = \$ _____
 Participation Fee \$ 10.00
 Total \$ _____

Coach

Swimmer's
Address

Home Phone	Cell Phone
------------	------------

Email