

**SILICON VALLEY SWIM LEAGUE CHAMPIONSHIPS
PACIFIC SWIMMING SHORT COURSE MEET
JULY 25-26, 2015 at Lynbrook High School**



SANCTION: Held under USA/Pacific Swimming Sanction No. **15-116**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet. By entering this meet, the athlete or his/her guardian consents to this publication.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee:* Mike Piccardo *Head Starter:* Cliff Reyda *Admin Official:* Steve Esbenshade
 Meet Marshal: Nick Jufiar *Meet Director:* Marisa Watts Cozort (office@swimsouthbay.org)

LOCATION: Lynbrook High School Pool, 1280 Johnson Avenue. San Jose, CA 95129

DIRECTIONS: **From Highway 280:** take Lawrence Expressway south exit; turn right on Bollinger Avenue, left turn onto Johnson Avenue, left turn at second arterial stop sign, left turn into parking lot. **From North on Highway 85:** exit Saratoga Avenue and turn left, left turn on Lawrence Expressway, left turn onto Prospect Avenue, right turn on Johnson Avenue, right turn into Lynbrook High School parking lot. **From South on Highway 85:** exit Saratoga Avenue and turn right, left turn on Lawrence Expressway, left turn onto Prospect Avenue, right turn onto Johnson Avenue, right turn into parking lot.

COURSE: Outdoor 50 meter heated pool, up to ten 25 yard lanes with warm-up/cool-down lanes. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3 is 13' at the start end and 13' at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

TIME: Meet begins Saturday and Sunday at 9:00 A.M. with warm-ups from 7:30 A.M. to 8:45A.M.; 8 & Under **"Only"** warm-ups from 8:30-8:45 A.M. in lanes 5-10 or as designated. The remainder of the other lanes may continue to be used for general warm up by 9/Over swimmers.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in 3 individual events on Saturday, 4 individual events on Sunday.
- Any swimmer entering more than three (3) individual events on Saturday or four (4) events on Sunday will be scratched from any subsequent events after the third event and fourth event entered with no refunds.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

RELAYS: HyTek will print pink and blue relay cards for each team. Coaches may correct the order of swimmers, if needed, before the relay event begins. **Note: Swimmers must swim in at least (1) individual event to be eligible to participate on a relay(s).**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- **No food will be allowed on the pool deck. This is the policy for Lynbrook High School.** Glass containers of all kinds, sale and use of alcoholic beverages and tobacco products are prohibited in all areas of the meet venue which includes the pool deck, locker rooms, and spectator seating, standing areas and in all areas used by swimmers, during the meet and during warm-up periods..

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- All swimmers must be members of SVSL teams - BAY, CSC, OAQ, GATO, SLST, and MAKO.
- A swimmer must have participated in at least one SVSL dual meet to be eligible to participate in the League Championships. Unattached swimmers may not score individual or team points.
- Entries with "**NO TIME**" will be **ACCEPTED**. Swimmers may enter any event regardless of the times they've achieved.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRIES: This is a team entered meet. All team entries must be submitted in HyTek Commlink format. Teams' **individual and relay** electronic data entry files are to be emailed by **7:00 P.M. Monday, July 20, 2015** to: oaqmm1@gmail.com The electronic_data entry files will have precedence in a discrepancy. Payments must be made with a single team check written to the "**SVSL**" accompanied by a signed hard copy of the HyTek Individual Meet Entries Report by Name, a floppy disk backup/flash drive of electronic data entries, and be delivered to the clerk of the course no later than the start of the competition on Saturday, July 25, 2015. **No late or deck entries will be accepted.** No refunds will be made.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per swimmer. \$9.00 per relay event. **Make your "one team check" payable to: "SVSL" and give to Shannon Mackin at the swim meet.**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers entered in an individual event that they have checked in for, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Swimmers who miss an event they have checked in for will not be penalized.

SCORING:

Saturday – Individual: Gold Flight: 20, 18, 16, 14, 12, 10, 8, 6, 4, 2 / Silver Flight: 10, 9, 8, 7, 6, 5, 4, 3, 2, 1
 Relay: 40, 36, 32, 28, 24, 20, 16 *Only relay team “A” per age group & gender will be scored
Sunday – There is no individual or team scoring of points.

AWARDS:

Saturday – Distinctive awards for 1st-3rd and ribbons 4th through 10th place for both “Gold” and “Silver” Divisions. There will be team trophies for the top 3 teams with a special award for the team with the highest points per swimmer. Individual high point medal awards for 1st through 3rd for boys and girls in the “Gold” and “Silver” Divisions in the following age groups: 6 & UN (only one division), 7-8, 9-10, 11-12, 13-14, and 15-18. Each swimmer will be eligible to win a high point award in one flight only, that flight will be the one in which the swimmer places highest. The “Gold Flight” will consist of swimmers with entry times equal to or faster than 50% of all swimmers’ entered. The “Silver Flight” will consist of all swimmers whose entry time is slower than 50% of all swimmers entered. Swimmers achieving new “PC-A” times will be awarded “A” medals by their own swim club. “**All Star**” certificates and patches will be awarded to swimmers placing 1st-6th in the “**Gold Flight**.”

Sunday – 9 & Up events will be awarded ribbons for the 1-8th place finishers in the 9-10, 11-12, 13-14, & 15-18 age groups. 11 & Up events will be awarded ribbons for the 1-8th place finishers in the 11-12, 13-14, & 15-18 age groups. 12 & UN. events will be awarded ribbons 1-8th place finishers in the 6 & Un., 7-8, 9-10, & 11-12 age groups. 18 & UN. events will be awarded ribbons for the 1-8th place finishers in the 6 & Un, 7-8, 9-10, 11-12, 13-14, & 15-18 age groups.

ADMISSION: Free. A two day program will be available for \$3.00

REFRESHMENTS: A snack bar will be available throughout the competition. Coaches and deck officials will be provided lunch.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
100 M.R.	200 M.R.	200 M.R.	200 M.R.	200 Free	200 Free	400 IM	400 IM
25 Fly	50 Fly	50 Fly	100 Fly	50 Breast	50 Breast	200 Free	200 Free
25 Back	50 Back	50 Back	100 Back	100 IM	100 IM	50 Breast	200 Breast
100 IM	100 IM	100 IM	200 IM	100 Back	100 Back	100 IM	100 Back
25 Breast	50 Breast	50 Breast	100 Breast	100 Fly	100 Fly	200 Breast	100 Fly
25 Free	50 Free	50 Free	100 Free	100 Free	100 Free	100 Back	100 Free
100 F.R.	200 F.R.	200 F.R.	200 F.R.	50 Back	50 Back	100 Fly	200 IM
				100 Breast	200 IM	100 Free	200 Back
				50 Fly	100 Breast	50 Back	100 Breast
				50 Free	50 Fly	200 IM	200 Fly
					50 Free	200 Back	50 Free
					500 Free	100 Breast	500 Free
						50 Fly	
						200 Fly	
						50 Free	
						500 Free	

EVENTS

Saturday, July 26, 2014		
EVENT #	EVENT	EVENT #
1	15-18 200 M.R.	2
3	13-14 200 M.R.	4
5	11-12 200 M.R.	6
7	9-10 200 M.R.	8
9	8&un 100 M.R.	10
11	15-18 100 Fly	12
13	13-14 100 Fly	14
15	11-12 50 Fly	16
17	9-10 50 Fly	18
19	7-8 25 Fly	20
21	6&un 25 Fly	22
23	15-18 100 Back	24
25	13-14 100 Back	26
27	11-12 50 Back	28
29	9-10 50 Back	30
31	7-8 25 Back	32
33	6&un 25 Back	34
35	15-18 200 IM	36
37	13-14 200 IM	38
39	11-12 100 IM	40
41	9-10 100 IM	42
43	7-8 100 IM	44
45	6&un 100 IM	46
47	15-18 100 Breast	48
49	13-14 100 Breast	50
51	11-12 50 Breast	52
53	9-10 50 Breast	54
55	7-8 25 Breast	56
57	6&un 25 Breast	58
59	15-18 100 Free	60
61	13-14 100 Free	62
63	11-12 50 Free	64
65	9-10 50 Free	66
67	7-8 25 Free	68
69	6&un 25 Free	70
71	15-18 200 F.R.	72
73	13-14 200 F.R.	74
75	11-12 200 F.R.	76
77	9-10 200 F.R.	78
79	8&un 100 F.R.	80

Sunday, July 27, 2014		
EVENT #	EVENT	EVENT #
81	11&Over 400 IM	82
83	18&Under 200 Free	84
85	12&Under 50 Breast	86
87	12&Under 100 IM	88
89	11&Over 200 Breast	90
91	18&Under 100 Back	92
93	18&Under 100 Fly	94
95	18&Under 100 Free	96
97	12&Under 50 Back	98
99	9&Over 200 IM	100
101	11&Over 200 Back	102
103	18&Under 100 Breast	104
105	12&Under 50 Fly	106
107	11&Over 200 Fly	108
109	18&Under 50 Free	110
111	9&Over 500 Free	112