

LONG COURSE SENIOR TRI-MEET – (DART, MP, WCAB)

HOSTED BY MARIN PIRATES

Sunday, May 31, 2015

Enter Online: <http://ome.swimconnection.com/pc/mp20150531>



SANCTION: Held under USA/Pacific Swimming Sanction No. **15-088**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: David Benjamin	Head Starter: Peggy Ramirez
Meet Marshal: Rick Millington	Admin Official: Chris Ottati and Kathy Kaminek
Meet Director: Warren Lager, lagersmith@comcast.net , 415-898-0249	

LOCATION: College of Marin Indian Valley Campus Pool – 1800 Ignacio Road, Novato, CA 94949

DIRECTIONS: **Highway 101 North** – take Ignacio exit, continue west and enter the College of Marin campus entrance. **Highway 101 South** – take the Ignacio exit, continue west and enter the College of Marin campus entrance. **Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed. Do not drive across the bridges between the parking lots and the pool at any time.**

COURSE: Outdoor 50-meter competition pool with up to 6 lanes available for competition with electronic timing system. Separate lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 12'-0" at the primary start end and 4'-0" at the secondary start end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at **9:00 AM** with warm-ups from **7:30 to 8:45 AM**. Finals will begin no earlier than 90 minutes after the conclusion of prelims. Start time will be decided at the coaches meeting.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events will swim fastest to slowest.
- Relay events will be held in the finals session only.
- Swimmers may compete in a maximum of three (3) individual events in the preliminary session, and two (2) individual events and one (1) relay in the finals session. Swimmers will be responsible for scratching down to two (2) individual events for finals. If a swimmer fails to make this required scratch, they will be automatically scratched from their final event.
- Swimmers competing in a preliminary event will automatically qualify for finals in that event. The number of finals heats will be determined by the number of swimmers competing.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Each team will provide timers for two (2) lanes

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar / meet operations.
- Only swimmers, coaches, officials, and volunteers will be allowed on the pool deck.
- Only coaches' canopies will be allowed on the pool deck. Swimmer/team/parent canopies may be placed in the bleachers or the adjacent grass fields.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- Meet is open to all qualified swimmers who will be attending high school in 2015, or older, and are registered with DART, MP, or WCAB. Swimmers who are unattached, but participating with DART, MP, or WCAB are eligible to enter the meet.
- Entries with "NO TIME" will be accepted.

ENTRY FEES: \$6.50 per individual event plus a \$10.00 per swimmer participation fee. Relays will be free and entered on deck before the 8:45am coaches meeting. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/mp20150531> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **May 27, 2015.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming procedure: and postmarked by midnight, Friday, **May 22, 2015** or hand delivered by 6:30 p.m. Wednesday, **May 27, 2015.** No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Marin Pirates Foundation

Mail entries or hand-deliver entries to: Todd Krohn
6 Easton Court
Orinda, CA 94563

Minimum Number of Officials Rule: No more than 3 days after close of entries, meet management (Meet Director and/or Meet Referee) shall contact a representative from each team participating in the meet, and provide a preliminary inventory of the officials that team is required to provide for each session. Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of swimmers entered in each session by each team with the number of officials present representing each team. If meet management certifies that a team has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the team will be fined \$100 per missing official per session of the meet.

Number of swimmers competing in meet per team:	*Number of trained and carded officials required:
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

*Zone 3 will include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept Trainees in the count of officials for a session, as long as they are carded. Teams may use officials “borrowed” from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

CHECK-IN: Prelims: This session will be pre-seeded. Swimmers will not be required to check in.

Finals: This session will be deck seeded. Swimmers will be responsible for scratching down to two (2) individual events for finals. If a swimmer fails to make this required scratch within 15 minutes following the conclusion of prelims, they will be automatically scratched from their third event.

SCRATCHES: Any scratches for the prelim session must be email to aquabears@sbcglobal.net by Saturday, May 30.

AWARDS: None.

ADMISSION: Free.

HOSPITALITY: Light hospitality for timers. Full hospitality for coaches and officials. Lunches will be provided for coaches, athletes, and working officials. There will not be a snack bar.

SCORING: Places in finals will be scored to the top six (6) in each event. Individual scoring will be 8-6-4-3-2-1, and scoring for relays will be 16-12-8-6-5-2. Teams may score only two relays per event, but enter as many as they like.

ORDER OF EVENTS

Girls Event #	Event	Boys Event #
1	200 Medley Relay*	2
3	800 Free**	4
5	200 Free	6
7	100 Back	8
9	100 Breast	10
11	200 Fly	12
13	50 Free	14
15	100 Free	16
17	200 Back	18
19	200 Breast	20
21	400 Free	22
23	100 Fly	24
25	200 IM	26
27	200 Free Relay*	28

*200 Medley Relay and 200 Free Relay are timed final events, to be conducted in the finals session.

**The 800 Free, is a timed final. The fastest heat of events 3 and 4, 800 Free, will swim in finals. All other heats will swim in prelims.

In finals, there will be a 10 minute break before the start of events 3, 15, and 27.

In prelims, there will be a 10 minute break before the start of event 15.

Additional breaks may be requested at the coaches meeting.

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Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle One
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM

# of entries _____	x \$6.50 = \$ _____
+ Participation Fee	\$ 10.00
= Total	\$ _____

Coach

Home Phone	Cell Phone
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E-Mail Address