

**CSA Conference Championship Meet**  
**SHORT COURSE CSA MEET**  
**TEAMS: BAC, EBA, PEAK, LAC, QSS, SEA, WEST**  
**December 12- 14, 2014**



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-198**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on meet mobile.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Meet Referee:</b> Jennifer McKennan	<b>Head Starter:</b> Rod Rosare
<b>Meet Marshal:</b> Son Diep	<b>Admin Official:</b> Lisa Stander
<b>Meet Director:</b> Liv Lyons <a href="mailto:omlyons@gmail.com">omlyons@gmail.com</a> / (925) 285-9934	
Guiselle Morrone <a href="mailto:teammanger@westcoastaquatics.org">teammanger@westcoastaquatics.org</a> / (408) 690-5973	

**LOCATION:** Frank Fiscalini International Swim Center at Independence High School, 629 North Jackson Avenue, San Jose, CA 95133.

**DIRECTIONS:** From Interstate --- 680, exit McKee Road and head west, away from foothills. Turn right at the first light, which is Jackson Avenue, turn left into the parking lot at the second traffic light, which is just after the football stadium. From Highway--- 101, exit McKee Road and head east toward the foothills. Go down McKee to the 7<sup>th</sup> traffic light, which will be Jackson Avenue. Turn left on Jackson Avenue and at the second light turn left into the parking lot.

**COURSE:** Outdoor pool with up to 15 lanes available for competition. An additional 7 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'5" at the start end and 7' at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at **5:15 PM** on Friday with warm-ups from **4:15- 5:00 PM**. Friday events are timed finals. Some of Saturday's and Sunday's events are Trials and Finals except as noted in chart below. Meet will begin at **9:00 AM** on Saturday and Sunday with warm-ups from **7:30 to 8:40 AM** each day. A special warm-up time for 8 and under swimmers only will be held from **8:40 to 8:50 AM**. Finals will begin no sooner than 1 hour after the conclusion of trials. The exact time will be determined by the meet referee and announced as early as practical each day.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals on Friday. See chart below for events specified as timed finals for Saturday and Sunday.
- All events will swim fast to slow.
- Swimmers may compete in up to 3 individual events and up to 2 relays per day.
- Swimmers may compete in a total of **6 individual events** and **up to 5 relays** at the meet.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- **Coaches will be required to check-in prior to the start of the meet. Coaches must have their USA Swimming membership card for check-in.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the

athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- **No tents or equipment may be left at the facility overnight.**
- **Set-up will not be able until immediately before the meet on Friday afternoon. Gates will not open until 3:35 PM.**
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers must have participated in at least one CSA meet in 2014 prior to the entry deadline.
- Swimmers must have met at least the listed CSA Qualifying time standard. All entry times slower than the listed time standard will be rejected.
- Swimmers may qualify for the 1650 with either a 1650 or a 1000 CSA qualifying time. All CSA qualifying times are posted on [www.swimcsa.com](http://www.swimcsa.com).
- Entries with "NO TIME" will be rejected.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet.
- Swimmers must be a member of BAC, EBA, LAC, PEAK, QSS, SEA, or WEST. Swimmers may enter as unattached, but will be entered as exhibition and will not be eligible for team points.

**ENTRY FEES:** \$5.50 per entry. \$8.00 splash fee. Relay only swimmers must pay the \$8.00 splash fee.

**ONLINE ENTRIES:** Swimmers must enter on their team website by Monday, December 1<sup>st</sup>. Sd3 files with all team individual events and relays are due to [ckikuta@att.net](mailto:ckikuta@att.net) by noon on Wednesday, December 3<sup>rd</sup>.

**PAYMENT:** Each team must hand-deliver a check for team entries to the Meet Director at the CSA Coaches meeting on Saturday, December 6<sup>th</sup>. **Make check payable to: "CSA"**

**CHECK-IN:**

**11 & Over Events FRIDAY** - Friday events will be deck-seeded. Swimmers must positively check-in for all Friday individual events. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**11 & Over Events SATURDAY & SUNDAY** – Prelims on Saturday and Sunday will be pre-seeded except for the 1650 Freestyle. The first three heats in trials events will be circle seeded. Swimmers must positively check-in for the 1650 freestyle by 11:00 AM on Saturday.

**10 & Under Events** – all 10 & under events will be pre-seeded on Saturday and Sunday. The first three heats in trials events will be circle seeded. Swimmers must positively check-in for the 500 Freestyle on Friday.

**SCRATCH POLICY FOR PRELIMS & TIMED FINALS:**

- A copy of the meet scratch rules will be posted at the clerk-of-course.
- Coaches may email any scratches to [ckikuta@att.net](mailto:ckikuta@att.net) by noon on Tuesday, December 9<sup>th</sup>. Coaches will have a scratch meeting at 11:00 AM on Tuesday, December 9<sup>th</sup>. Coaches may scratch live at the meeting. All scratches submitted are final.
- Swimmers entered in a preliminary individual event in Prelims that is pre-seeded will have no penalty for missing a preliminary event.
- Swimmers 11 & over entered in a Timed Final event or an event with positive check-in, including all Friday events, must swim in the event unless they notify the clerk of the course before the event has begun. Not swimming in an event will result in being barred from their next preliminary individual event in which the swimmer is entered on that day or the next meet day, whichever is first.
- Swimmers 10 & under entered in the meet will have no penalty for missing an event.
- If the No-Show occurs on the last day that the swimmer is entered in an individual final event and no other individual event penalty is applicable, the swimmer shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**SCRATCH POLICY FOR FINALS:** A copy of the scratch rules will be posted at the clerk-of-course.

- Top 9 swimmers will qualify for finals.
- Swimmers have 30 minutes after the results of an event are announced to scratch or declare their intent to scratch.
- A swimmer who “fails to compete” or scratch an event they qualified for will be subject to disqualification for the remainder of the swimmer’s individual events. “Declared False Starts” and “Delay of Meet” are all classified as “**Failure to Compete**”, and the swimmer will be barred from the remainder of the swimmer’s individual events for the meet. If the No-Show occurs on the last day that the swimmer is entered in an individual final event and no other individual event penalty is applicable, the swimmer shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**Exception:** No penalty shall apply for failure to withdraw or compete in an individual event if: (i) the referee is notified in the event of illness or injury and accepts the proof thereof. (ii) It is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer. (iii) The swimmer is an alternate for finals.

**AWARDS:**

- **Individual Event Awards:** 1<sup>st</sup>- 3<sup>rd</sup> place will receive medals. 4<sup>th</sup>- 9<sup>th</sup> places will receive ribbons.
- **Relay Event Awards:** 1<sup>st</sup>- 3<sup>rd</sup> place will receive medals.
- **Trophies for Team Awards:** 1<sup>st</sup>- 3<sup>rd</sup> places for combined team scores. Team scoring will include individual events to 9 places and relay events to 8 places for all events.
- **Individual High Point Awards:** Top scoring woman and Top scoring man in each age group including the Open age group. Scoring will include individual events only. Relay points will be included to distinguish a high point winner in the event of a tie.

**SCORING:** Individual events will score places 1-9. Relay events will score places 1-8. The 1650 will be scored as 11-12, 13-14 and 15 & over. All other OPEN events will be scored as OPEN.

**Individual Events:**

Finals – 10- 8 -7- 6- 5- 4- 3 -2 -1

Timed Finals – 10- 8 -7- 6- 5- 4- 3 -2 -1

**Relay Events:**

Finals – 20-16- 14- 12- 10- 8- 6 -4

**ADMISSION:** Free. A **3-day meet program** will be available for \$5.00

**REFRESHMENTS:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided meals.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. Special parking will be provided for Officials and Coaches; please bring your USA-S Membership card to gain access to parking.

**EVENT SUMMARY**

<b>FRIDAY</b>			
<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>OPEN</b>
500 Free	200 IM	400 IM	400 IM
	500 Free	500 Free	500 Free
	200 F.R.	200 F.R.	200 F.R.

<b>SATURDAY</b>					
<b>8 &amp; U</b>	<b>10 &amp; U</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>OPEN</b>
100 IM	200 IM	100 Fly	200 M.R.	200 M.R.	200 M.R.
25 Fly	200 Free	100 Breast	100 IM	100 Fly	100 Fly
25 Breast	200 M.R.	50 Free	100 Fly	200 Free	200 Free
50 Free		100 Back	200 Free	100 Breast	100 Breast
25 Back			100 Breast	100 Back	100 Back
100 M.R.			100 Back	50 Free	50 Free
			50 Free	800 F.R.	800 F.R.

<b>SUNDAY</b>				
<b>8 &amp; U</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>OPEN</b>
50 Back	100 IM	400 M.R.	400 M.R.	1650 Free
25 Free	50 Back	50 Back	200 IM	400 M.R.
50 Breast	100 Free	100 Free	200 Back	200 IM
50 Fly	50 Breast	50 Breast	100 Free	200 Back
	50 Fly	50 Fly	200 Breast	100 Free
		400 F.R.	200 Fly	200 Breast
			400 F.R.	200 Fly
				400 F.R.

**2014 ORDER OF EVENTS**  
**Conference Championship Meet**

FRIDAY - Timed Finals					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
2:44.59	1	11-12	*200 Individual Medley	2	2:59.99
5:32.89	3	13-14	*400 Individual Medley	4	5:07.69
5:42.19	5	OPEN	*400 Individual Medley	6	5:30.79
8:30.49	7	10 & Under	*500 Freestyle	8	8:22.79
6:48.89	9	11-12	*500 Freestyle	10	7:02.99
6:41.29	11	13-14	*500 Freestyle	12	6:29.49
6:37.59	13	OPEN	*500 Freestyle	14	6:14.49
2:25.99	15	11-12	*200 Free Relay	16	2:25.99
2:20.99	17	13-14	*200 Free Relay	18	2:20.99
2:19.99	19	OPEN	*200 Free Relay	20	2:19.99

SATURDAY – Prelims & Finals					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
2:45.99	21	11-12	**200 Medley Relay	22	2:45.99
2:41.99	23	13-14	**200 Medley Relay	24	2:41.99
2:40.99	25	OPEN	**200 Medley Relay	26	2:39.99
1:13.89	27	11-12	100 Individual Medley	28	1:33.09
1:07.89	29	OPEN	100 Butterfly	30	58.99
1:09.69	31	13-14	100 Butterfly	32	1:06.09
1:15.29	33	11-12	100 Butterfly	34	1:26.49
2:10.59	35	OPEN	200 Freestyle	36	1:53.99
2:15.49	37	13-14	200 Freestyle	38	2:08.19
2:20.89	39	11-12	200 Freestyle	40	2:30.49
1:22.79	41	OPEN	100 Breaststroke	42	1:10.79
1:20.99	43	13-14	100 Breaststroke	44	1:15.59
1:24.39	45	11-12	100 Breaststroke	46	1:33.99
1:10.19	47	OPEN	100 Backstroke	48	1:03.99
1:11.29	49	13-14	100 Backstroke	50	1:09.79
1:15.39	51	11-12	100 Backstroke	52	1:26.19
27.09	53	OPEN	50 Freestyle	54	23.69
27.79	55	13-14	50 Freestyle	56	25.89
28.79	57	11-12	50 Freestyle	58	29.59
11:40.99	59	OPEN	**800 Freestyle Relay	60	11:30.99
11:50.99	61	13-14	**800 Freestyle Relay	62	11:20.99

SATURDAY – 10 & UNDER Intersession					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
3:27.19	63	10 & Under	*200 Individual Medley	64	3:38.89
1:59.39	65	8 & Under	*100 Individual Medley	66	2:01.19
1:55.49	67	9-10	100 Butterfly	68	1:54.09
26.49	69	8 & Under	*25 Butterfly	70	26.19
1:51.09	71	9-10	100 Breaststroke	72	2:02.39
30.09	73	8 & Under	*25 Breaststroke	74	27.79
33.79	75	9-10	50 Freestyle	76	35.29
45.59	77	8 & Under	*50 Freestyle	78	42.49
3:00.99	79	10 & Under	*200 Freestyle	80	2:50.19
24.29	81	8 & Under	*25 Backstroke	82	24.89
1:35.99	83	9-10	*100 Backstroke	84	1:56.89
2:05.99	85	8 & Under	*100 Medley Relay	86	2:05.99
2:59.99	87	10 & Under	*200 Medley Relay	88	2:59.99

SUNDAY – Prelims & Finals					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
23:06.29	89	OPEN	*1650 Freestyle	90	21:46.69
5:49.99	91	OPEN	**400 Medley Relay	92	5:47.99
5:53.99	93	13-14	**400 Medley Relay	94	5:51.99
5:55.99	95	11-12	**400 Medley Relay	96	5:54.99
2:26.59	97	OPEN	200 Individual Medley	98	2:09.49
2:32.19	99	13-14	200 Individual Medley	100	2:26.39
2:35.69	101	OPEN	200 Backstroke	102	2:21.89
2:31.99	103	13-14	200 Backstroke	104	2:28.89
35.39	105	11-12	50 Backstroke	106	37.99
58.59	107	OPEN	100 Freestyle	108	51.09
1:00.99	109	13-14	100 Freestyle	110	56.99
1:03.79	111	11-12	100 Freestyle	112	1:07.19
2:56.39	113	OPEN	200 Breaststroke	114	2:38.69
3:00.19	115	13-14	200 Breaststroke	116	2:59.99
3:04.99	117	11-12	50 Breaststroke	118	41.49
2:46.79	119	OPEN	200 Butterfly	120	2:22.29
2:52.39	121	13-14	200 Butterfly	122	2:28.89
32.49	123	11-12	50 Butterfly	124	34.89
4:09.99	125	OPEN	**400 Freestyle Relay	126	4:05.99
4:13.99	127	13-14	**400 Freestyle Relay	128	4:07.99
4:17.99	129	11-12	**400 Freestyle Relay	130	4:13.99
SUNDAY – 10 & UNDER Intersession					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
1:29.09	131	9-10	100 Individual Medley	132	1:33.09
59.69	133	8 & Under	*50 Backstroke	134	58.89
41.69	135	9-10	50 Backstroke	136	44.59
20.49	137	8 & Under	*25 Freestyle	138	19.39
1:15.99	139	9-10	100 Freestyle	140	1:20.69
59.29	141	8 & Under	*50 Breaststroke	142	57.79
45.19	143	9-10	50 Breaststroke	144	48.59
59.29	145	8 & Under	*50 Butterfly	146	59.59
39.99	147	9-10	50 Butterfly	148	45.79
2:03.99	149	8 & Under	*100 Yard Freestyle Relay	150	2:03.99
3:12.99	151	10 & Under	*200 Free Relay	152	3:12.99

\*Timed Finals swum in Prelims session only.

\*\*Timed Finals swum in Finals session only.

The 1,650 Free will be swum on Sunday between Trials and Finals. Swimmers must provide their own lap counters for the 500 Free and 1,650 Free, and their own timers for the 1,650 Free.