

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **23-078**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted in real time on the Internet on the meet mobile app.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Meet Referee:</b>	Leo Lin	<b>Head Starter:</b>	Charlie Gonzales
<b>Meet Marshal:</b>	Robert Scott	<b>Admin Official:</b>	Amy Gonzales
<b>Meet Director:</b>	Iain Searle		<a href="mailto:meetdirector@crowcanyonsharks.org">meetdirector@crowcanyonsharks.org</a>

**LOCATION:** Chabot College Swimming Pool - 1895 Depot Rd, Hayward CA 94545

**DIRECTIONS:** From I-880 South (Nimitz Fwy.) Take exit 28 toward Winton Ave. onto W Winton Ave then turn left on Hesperian Blvd.

**COURSE:** Outdoor 50 meter pool with up to 7 lanes available for competition. An additional 1 Lanes shall be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 13' at the start end and 4' at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Saturday and Sunday Prelims shall begin at 9:00 AM each day with warm-ups from 7:30 AM to 8:45 AM.  
Finals each night shall begin no earlier than 4:00 PM or no less than 1 hour after the conclusion of the prelim session.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- There will be no on deck registration.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA

Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

- All preliminary events shall swim fast to slow, with the fastest three heats circle seeded.
- Athletes may compete in a maximum of three (3) events per day.
- All events shall be Preliminaries/Finals, with the exception of 800 Freestyle which shall be timed finals.
- There will be a Championship Final, Consolation Final, and Bonus Final, swum in that order, with 7 Athletes qualifying for each final heat.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- All Coaches and Officials shall wear their USA Swimming membership cards in a visible manner.
- AED is available on the pool deck. Lifeguard and/or First Aid/CPR certified personnel will be available throughout the meet

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes shall be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or shall start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Only Athletes, Coaches, Officials, and Volunteers shall be allowed on the pool deck.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming’s online member registration before being allowed to swim in the meet.
- Athletes 13/Over are eligible to enter this meet. There is no proof of time. Entry times should be the Athlete’s actual time and not the minimum standard.
- Athletes 11 and 12 years of age shall meet the Senior Open time standard as outlined by Pacific Swimming time verification procedures. No refunds shall be given if the time cannot be proven.
- Athletes under the age of 11 years are not eligible to compete
- Bonus events will not be offered.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- No time conversions shall be accepted.
- Entries with “NO TIME” shall be rejected.
- The Athlete’s age shall be the age of the Athlete on the first day of the meet.

**SEEDING:** Event seeding shall be in the following order: conforming long course meters, non-conforming short course meters, and non-conforming short course yards - USA Swimming rules 207.11.7B.

**DISTANCE FREESTYLE:** All athletes entered in the 800 Freestyle must positively check in with the Administrative Referee by 10:00

AM on the day the event is being offered

**ENTRY FEES:** \$8.50 per individual event plus a \$14.00 per Athlete participation fee. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to [www.fastswims.com](http://www.fastswims.com) to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, July 5<sup>th</sup>.

**MAILED OR HAND DELIVERED ENTRIES:** Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with Athlete's best time. Entries shall be entered using the current Pacific Swimming procedure: and postmarked by midnight, Monday, July 3, or hand delivered by 6:30 p.m. Wednesday July 5. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** Sharks Swim Team

**Mail entries to:** Joe Natina  
711 Silver Lake Dr  
Danville, CA 94526

**Hand deliver entries to:** Joe Natina  
711 Silver Lake Dr  
Danville, CA 94526

**AWARDS:** None.

**SCRATCH RULE PRELIMINARIES:** This meet will follow the USA Swimming Championship Scratch Procedures and no-show rules as defined in *USA Swimming Rules and Regulations* Article 207.11.6.

Scratches and positive check-in for preliminary heats and timed finals may be submitted by email or SMS/text to the Administrative Referee - Amy Gonzales ([chgaag@yahoo.com](mailto:chgaag@yahoo.com)); [925-628-7420](tel:925-628-7420) or with the Administrative Referee on-deck at the Scratch Desk.

- The scratch/positive check-in deadline for Saturday's events shall be 5:00 PM on Friday July 14, 2023.
- The scratch/positive check-in deadline for Saturday's and Sunday's timed final events shall be at 10:00 AM on the day the event is offered.
- The scratch deadline for Sunday's preliminary heats shall be 30 minutes after the start of Saturday's finals session.

In all preliminary heats or timed final event for which an athlete has been positively checked-in, any athlete who fails to compete who has not been scratched will be barred from all further individual events of that day. Additionally, the athlete shall not be seeded in any individual events on succeeding days unless that athlete declares an intent to swim prior to the close of the scratch box for that day's events.

**SCRATCHING FROM FINALS:** Scratches for finals must be submitted to the Administrative Referee **on-deck at the Scratch Desk**. **No email or SMS/text for scratching from finals.** Any Athlete qualifying for any level of finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the Referee that they may not intend to compete in Bonus, Consolation or Championship Finals. In this case they shall declare their final intention within 30 minutes after the announcement of qualifiers following their last individual Preliminary Event. In a Preliminaries & Finals meet any Athlete qualifying for a Bonus Final, Consolation Final or Championship Final race in an individual event who fails to show up in said Bonus Final, Consolation Final or Championship Final race prior to calling the alternate shall be barred from further competition for the remainder of the Meet. If the No-Show occurs on the last day that the Athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the Athlete shall then be fined \$100.00. The fine shall be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**ADMISSION:** Free.

**HOSPITALITY:** Hospitality available for Coaches, Officials, Timers, and Volunteers. Lunches will be provided for Coaches and working Officials. There will not be a snack bar.

**MISCELLANEOUS:** There will be a flea market in the parking lot in front of the pool on Saturday. Participants will have to park on the other side of campus. More parking instructions will be sent to participants of the meet before the start of the swim meet.

**ORDER OF EVENTS**

<b>Saturday - July 15</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
1	400 FREE	2
3	200 BACK	4
5	100 BREAST	6
7	200 FLY	8
9	100 FREE	10
11	200 I.M.	12
13	800 FREE	

<b>Sunday - July 16</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
15	400 I.M.	16
17	200 FREE	18
19	100 BACK	20
21	50 FREE	22
23	200 BREAST	24
25	100 FLY	26
	800 FREE	28

Athletes entered in the 800 Freestyle shall provide their own timers and lap counters.

Pacific Swimming – Hosted by Crow Canyon Sharks  
 SENIOR Open PRELIMINARIES & FINALS  
 July 15 – 16 2023  
 Consolidated Entry Form

Name: Last,                      First                      Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M    F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle One
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM

# of entries \_\_\_\_\_ x \$8.50 = \$ \_\_\_\_\_  
 Participation Fee                      \$14.00  
 Total    \$ \_\_\_\_\_

Coach

Athlete's  
Address

Home Phone	Cell Phone
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Email