

BURLINGAME AQUATIC CLUB

PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET

Saturday February 8, 2014 and Sunday February 9, 2014

Z1N Teams Assigned: DACA, BAC, PCCA, SSF, OSC, LO, BSC, KOA, MM, PPSC, PSRP

Enter Online: <http://ome.swimconnection.com/pc/bac20140208>



SANCTION: Held under USA/Pacific Swimming Sanction No. **14-030**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Larry Rice	Head Starter: Jon Sasano
Meet Marshal: Jim Maffei	Admin Referee: Lucille Glassman
Meet Director: Patrick Tan (650) 452-2147/ bacmeetdirector@yahoo.com	

LOCATION: Burlingame High School Pool, 851 Oak Grove Avenue, Burlingame, CA 94010. **From Highway 101**, exit Broadway. Turn left onto Carolan Avenue, and turn left at stop sign onto Oak Grove Avenue. The pool is on the right hand side. Parking at the pool will be held for meet officials and swim coaches. Additional parking is available behind the High School off Carolan Avenue.

COURSE: **Outdoor, heated, 50 meter by 25 yard pool.** Up to 10 25-yard lanes will be used for competitions. A warm-up and cool-down area will be available during the meet. The minimum water depth, measured in accordance with Article 103.2.3 is 7' at the start end and 7' at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Colorado Timing System will be used.

TIME: **Session A** (11 & Over Swimmers): Meet begins at 8:30AM each day, warm-up from 7:00 to 8:15AM.
Session B (10 & Under Swimmers): Session B will begin one hour after Session A finishes, but not before 1:00 PM each day. Session B warm-up will begin immediately upon completion of Session A.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in **four (4)** events per day.
- Swimmers in the 500 Freestyle must provide their own lane timers and lap counters.
- All 9-10 swimmers in the 500 yard freestyle must have met the "PC-B" time standard.
- All events will be swum in a "Fast to Slow" sequence.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

ATTENTION HIGH SCHOOL SWIMMERS: If you are a high school swimmer in competition season, you need to be unattached from this meet. It is your responsibility to be unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the

swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Pets, not including guide dogs, are strictly prohibited in all areas of the meet venue.
- Teams and families can set up tents/canopies outside of the pool deck, and on deck if space allows. There will be a grass field available for this. Lobby entryways, access ways, passage ways, doorways, stairways must remain clear of chairs, seats, bulky items, and bags.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be ACCEPTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the 13 & Over events for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Zone 1 North swimmers from **DACA, BAC, PCCA, SSF, OSC, LO, BSC, KOA, MM, PPSC, and PSRP** entering online must do so by **11:59 PM on Wednesday, January 22nd** in order to receive priority acceptance to the meet. Surface mail entries must be postmarked by Monday, January 20th in order to receive priority acceptance to the meet. No swimmers other than those from **DACA, BAC, PCCA, SSF, OSC, LO, BSC, KOA, MM, PPSC, and PSRP** may enter the meet until the preference period has concluded.

ENTRY FEES: \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter on-line go to <http://ome.swimconnection.com/pc/bac20140208> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, January 29th at 11:59 PM.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, January 27, 2014 or hand delivered by 6:30 p.m. Wednesday January 29, 2014. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: BAC (Burlingame Aquatic Club)

Mail entries to: Swim Meet Entries

P.O. Box 281

Burlingame, CA 94010

Hand deliver entries to: Burlingame High School Pool

1 Mangini Way

Burlingame, CA 94010

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be seeded in that event.

SCRATCHES: Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. Any swimmers not reporting for or competing in an individual timed final event **shall not** be penalized.

AWARDS: Individual awards will be awarded in the A, B, and C division. Ribbons for First through Third place will be given to the following age groups: 8 & Under, 9-10, and 11-12. Swimmers 13 years of age and older can choose to pick up their awards from the awards desk at the meet. "A" time medals will be given to swimmers achieving a new "PC-A" time, regardless of place achieved in the event. Awards for swimmers 12 & Younger must be picked up at the meet by coaches at the end of each session. Awards for 13 & Overs will not be given unless the swimmer picks them up at the meet. Awards will not be mailed.

ADMISSION: Free. A program will not be available.

REFRESHMENTS: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating teams are expected to provide lane timers based upon the number of swimmers registered to swim each day. Team timing lanes will be assigned and coaches will be notified of assignments during the week prior to the meet.

MINIMUM OFFICIALS: Teams must follow Zone 1 North rules for providing officials. Each team must provide officials for each session according to the number of swimmers entered in that session, following the table below. Teams that do not provide sufficient officials must provide coaches to act in the place of officials

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 (+1 for every additional 25 swimmers)

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
100 IM	200 IM	200 FR	200 FR	100 FR	200 FR	200 BR	50 FR
50 FR	100 FR	50 BK	100 BK	25 BR	100 BR	200 BK	200 IM
25 FL	50 FL	100 BR	200 FL	50 BK	100 BK	50 FL	100 FR
50 BR	50 BR	50 FR	200 BR	50 FL	50 FR	100 FR	200 BK
25 BK	500 FR	200 FL	100 FL	25 FR	50 BK	50 BR	100 BR
			500 FR			400 IM	

EVENTS

Saturday Session A, Feb. 8, 2014

Event #	Event	Event #
1	13 & O 200 Free	2
3	11 – 12 200 Free	4
5	13 & O 100 Back	6
7	11 – 12 50 Back	8
9	13 & O 200 Fly	10
11	11 – 12 100 Breast	12
13	13 & O 200 Breast	14
15	11 – 12 50 Free	16
17	13 & O 100 Fly	18
19	11 – 12 200 Fly	20
21	13 & O 500 Free	22

Sunday Session A, Feb. 9, 2014

Event #	Event	Event #
43	11 – 12 200 Breast	44
45	13 & O 50 Free	46
47	11 – 12 200 Back	48
49	13 & O 200 IM	50
51	11 – 12 50 Fly	52
53	13 & O 100 Free	54
55	11-12 100 Free	56
57	13 & O 200 Back	58
59	11 – 12 50 Breast	60
61	13 & O 100 Breast	62
63	11 – 12 400 IM	64

Saturday Session B, Feb. 8, 2014

Event #	Event	Event #
23	8 & U 100 IM	24
25	9 – 10 200 IM	26
27	8 & U 50 Free	28
29	9 – 10 100 Free	30
31	8 & U 25 Fly	32
33	9 – 10 50 Fly	34
35	8 & U 50 Breast	36
37	9 – 10 50 Breast	38
39	8 & U 25 Back	40
41	9 – 10 500 Free	42

Sunday Session B, Feb. 9, 2014

Event #	Event	Event #
65	8 & U 100 Free	66
67	9 – 10 200 Free	68
69	8 & U 25 Breast	70
71	9 – 10 100 Breast	72
73	8 & U 50 Back	74
75	9 – 10 100 Back	76
77	8 & U 50 Fly	78
79	9 – 10 50 Free	80
81	8 & U 25 Free	82
83	9 – 10 50 Back	84

Note – All 9-10 Swimmers entered in the 500 Freestyle must have achieved a “PC-B” Time Standard.

Use the following URL to find the time standards: <http://www.pacswim.org/index.shtml>

Pacific Swimming – Hosted by BAC Zone 1 North Short Court CB/A+ February 8 – 9, 2014 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$2.75 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						